



PROGRAMME OF EVENTS AUTUMN/WINTER 2015/2016

ENROLMENT
THURSDAY 3rd SEPT (7.30-9.30PM)

THE CENTRE RESERVES THE RIGHT
TO ALTER PROGRAMME AS REQUIRED.

ROOMS AVAILABLE FOR BOOKINGS

Email : reception@crc.ballybrownclarina.com

Tel No. 086 0795308 / 061 353140



www.clarinavillage.com

MONDAY

9.15-10.15AM

PILATES

BEGINNER & INTERMEDIATE LEVEL

BACK SPECIFIC & POST NATAL.

2.30 -4.30PM

SENIORS ART CLASS

TUTOR : PAUL QUANE

14TH SEPT : 8 WEEKS : COST €100



6.15-8.15PM



BEAVERS (AGE 6-8)

CUBS (AGE 9-11)

7.00-7.45pm

LEARN TO PLAY 45

TUTOR : MARGARET QUEALLY

8.30 -10.00PM



YOGA (Level 1 & 2)

TUTOR : Margaret Hennessy

7.30.00-8.30pm

SHAMBALLA HEALTH & WELLNESS CENTRE

MEDITATION GROUP & CLASSES

CONTACT : PHIL RYAN 087 2350561

TUESDAY

3:15-5:15.PM

COMHALTAS



CLASSES IN IRISH TRADITIONAL MUSIC,

WHISTLE/FLUTE/FIDDLE/CONCERTINA/GUITAR

BODHRAN/BANJO/BUTTON ACCORDION.

SONG /DANCE /COMHRA /CEILI /SET DANCING

TERM 16 WEEKS @ €80 PLUS

COMHALTAS MEMBERSHIP(€20 FOR FAMILY)

8.00-10.00PM

BRIDGE CLASS

TUTOR : MARIA DONEGAN

COMMENCING 15TH SEPT

8.00-10.00PM

CRAFTS

COMMENCING MID SEPT : MARY HANLEY

8.00-10.00PM

FLOWER ARRANGING

TUTOR : BERNADETTE SCANLAN



WEDNESDAY

2.00-4.00PM

BOWLS

MID SEPT

CONTACT MAURA BYRNES

7.00 -8.00PM

COMMUNITY GAMES

8.00 - 9.30PM

COMHALTAS FOR ADULTS



CLASSES IN IRISH TRADITIONAL MUSIC, SONG

COMHRA, CEILI & SET DANCING

TERM 16 WEEKS @ €80 PLUS

COMHALTAS MEMBERSHIP(€20 FOR FAMILY)

MID SEPT

MONTHLY

BALLYBROWN BOOK CLUB

SEPTEMBER : CONTACT ANN O'BRIEN



DATES TO BE DECIDED

**COMPUTER COURSES
CPR TRAINING**

THURSDAY

9.30-10.30AM

ZUMBA

TUTOR : AVRIL KIRRANE 086-3119307

€5.00 PER CLASS

11.00AM-2.30PM

THURSDAY CLUB

The Thursday Club Clarina Branch (ARA Active Retired Association) is the place for meeting new people and renewing old friendships. Activities include Exercise, Bowling, Bingo, Table Tennis, & Cards followed by refreshments and a Sing Song.

Recommencing on Thur 10th Sept.

Keep active, stay healthy, walk tall & be proud.

NEW MEMBERS WELCOME

3.00PM-4.00PM

COMPUTER CODING (SCRATCH)

AGES 8-10

DETAILS TO BE FINALISED

6.45AM-7.45PM

PILATES

BEGINNER & INTERMEDIATE LEVEL

BACK SPECIFIC & POST NATAL.

8.30-11.00PM



CARDS - 45 DRIVE

25TH SEPTEMBER

FRIDAY

3.00-4.00PM

CREATIVE DRAMA CLASSES

DRAMA GAMES, MIME & IMPROVISATION, CREATIVE & IMAGINATIVE THINKING, GAIN SELF CONFIDENCE

SOCIAL SKILLS & ARTISTIC DEVELOPMENT

CAROL PHELAN (ALCM) : FRIDAY 11TH SEPT

7.00-8.00PM

MPCC CREDIT UNION LTD

www.mpcccreditunion.ie TEL NO. 061 424555

NEW MEMBERS WELCOME

7.30-8.30PM

BALLYBROWN KARATE & FITNESS CLUB

COST €10 per class visit - Children & Adults

TUTOR : MATT FITZGERALD



www.twindragonkarate.org

8.30-10.00PM

"CLARINA LEARN TO JIVE & SOCIAL DANCE CLASSES"

TUTOR : ELEANOR - COST €10 NIGHTLY

MORE INFO CONTACT BRIDGET HARTE 086 3811065

www.shallwedance2.ie

LITTLE STEPS MONTESSORI SCHOOL

FOR KIDS AGED 2½ - 6 YEARS

TIMES 8.45AM - 11.45 & 12.30 - 3.30 MON- FRI

CONTACT: GILLIAN DURACK - 087 7689985
